

Clean 15

Onions
Sweet Corn
Pineapples
Avocado
Cabbage
Sweet Peas
Asparagus
Mangoes
Eggplant
Kiwi
Cantaloupe (domestic)
Sweet Potatoes
Grapefruit
Watermelon
Mushrooms



The Clean Fifteen and Dirty Dozen list was created by the Environmental Working Group.

Dirty Dozen

Apples
Celery
Sweet Bell Peppers
Peaches
Strawberries
Nectarines (imported)
Grapes
Spinach
Lettuce
Cucumbers
Blueberries (domestic)
Potatoes
plus
Green Beans
Kale/Greens



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